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# Environmental Disinfection: Novel Technology

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# Disclosure

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# Environmental Disinfection: Novel Technology

## Lecture Objectives

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- New approaches/equipment room/equipment decontamination
  - New technologies for room/equipment decontamination
    - ◆ Monitoring the effectiveness of cleaning
    - ◆ Ultraviolet light
    - ◆ Hydrogen peroxide
  - Self disinfecting surfaces
  - Disinfectants for room/equipment surfaces



## ENVIRONMENTAL CONTAMINATION LEADS TO HAIs

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- There is increasing evidence to support the contribution of the environment to disease transmission
- This supports comprehensive disinfecting regimens (goal is not sterilization) to reduce the risk of acquiring a pathogen from the healthcare environment/equipment

# KEY PATHOGENS WHERE ENVIRONMENTAL SURFACES PLAY A ROLE IN TRANSMISSION

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- MRSA
- VRE
- *Acinetobacter* spp.
- *Clostridium difficile*
- Norovirus
- Rotavirus
- SARS

# ENVIRONMENTAL CONTAMINATION LEADS TO HAIs

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- Frequent environmental contamination
  - MRSA, VRE, AB, CDI
- Microbial persistence in the environment
  - *In vitro* studies and environmental samples
  - MRSA, VRE, AB, CDI
- HCW hand contamination via environmental or patient
  - MRSA, VRE, AB, CDI
- Relationship between level of environmental contamination and hand contamination
  - CDI

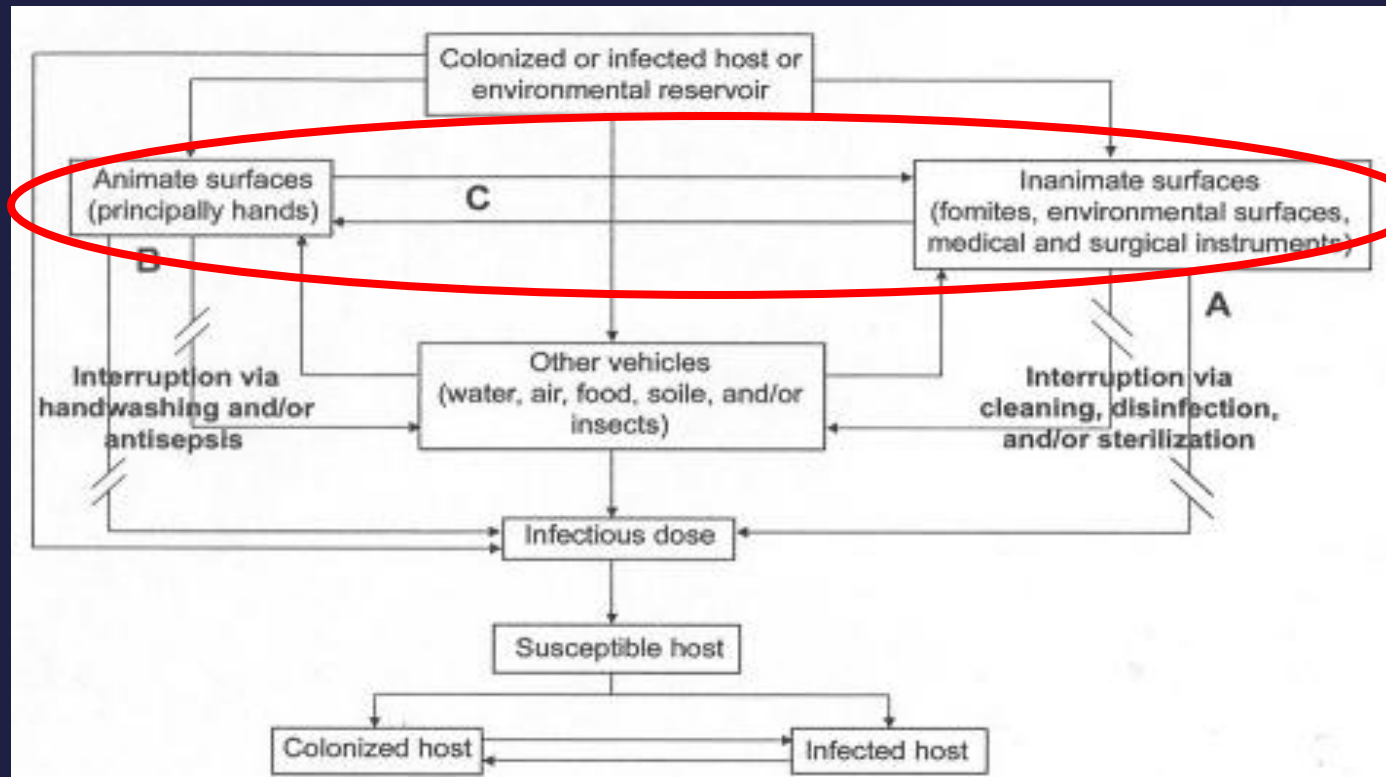
# ENVIRONMENTAL CONTAMINATION LEADS TO HAIs

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- Transmission directly or hands of HCWs
  - Molecular link
  - MRSA, VRE, AB, CDI
- Housing in a room previously occupied by a patient with the pathogen of interest is a risk factor for disease
  - MRSA, VRE, CDI
- Improved surface cleaning/disinfection reduces disease incidence
  - MRSA, VRE, CDI



# TRANSMISSION MECHANISMS INVOLVING THE SURFACE ENVIRONMENT



Rutala WA, Weber DJ. In: "SHEA Practical Healthcare Epidemiology" (Lautenbach E, Woeltje KF, Malani PN, eds), 3<sup>rd</sup> ed, 2010.

# ENVIRONMENTAL SURVIVAL OF KEY PATHOGENS ON HOSPITAL SURFACES

| Pathogen                                 | Survival Time         |
|------------------------------------------|-----------------------|
| <i>S. aureus</i> (including MRSA)        | 7 days to >12 months  |
| <i>Enterococcus</i> spp. (including VRE) | 5 days to >46 months  |
| <i>Acinetobacter</i> spp.                | 3 days to 11 months   |
| <i>Clostridium difficile</i> (spores)    | >5 months             |
| Norovirus (and feline calicivirus)       | 8 hours to >2 weeks   |
| <i>Pseudomonas aeruginosa</i>            | 6 hours to 16 months  |
| <i>Klebsiella</i> spp.                   | 2 hours to >30 months |

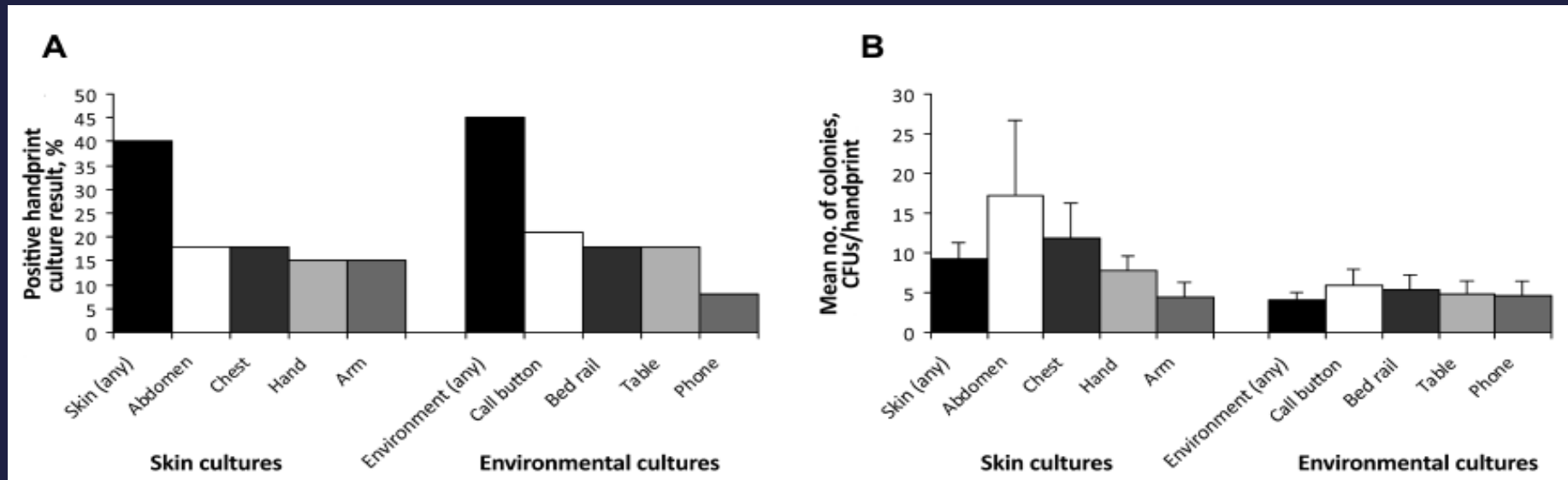
Adapted from Hota B, et al. Clin Infect Dis 2004;39:1182-9 and  
Kramer A, et al. BMC Infectious Diseases 2006;6:130

# ENVIRONMENTAL CONTAMINATION ENDEMIC AND EPIDEMIC MRSA

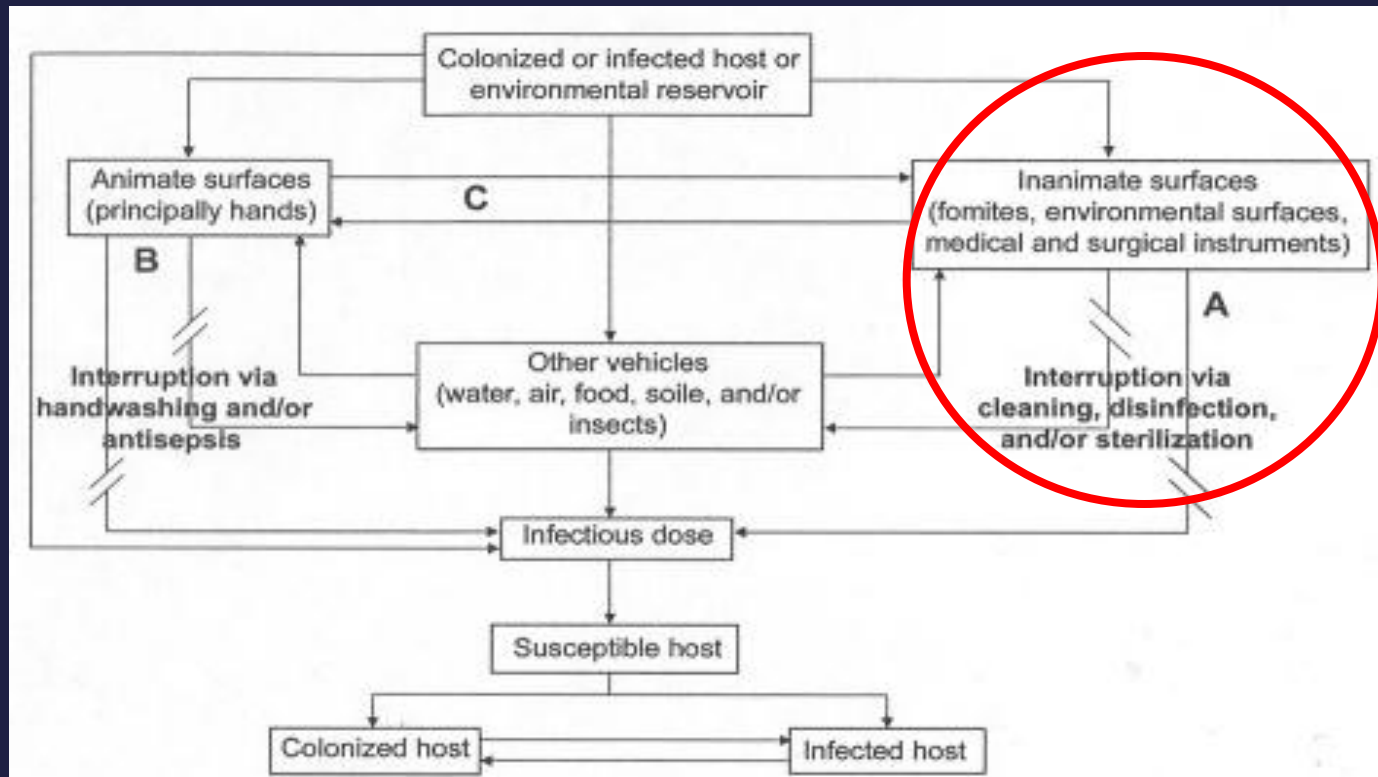
|                            | Outbreak                      | Endemic                    |                             |                               |                             | Site estimated mean§ |
|----------------------------|-------------------------------|----------------------------|-----------------------------|-------------------------------|-----------------------------|----------------------|
|                            | Rampling et al <sup>27*</sup> | Boyce et al <sup>48*</sup> | Sexton et al <sup>51†</sup> | Lemmen et al <sup>50* ‡</sup> | French et al <sup>64*</sup> |                      |
| Floor                      | 9%                            | 50–55%                     | 44–60%                      | 24%                           | ..                          | 34.5%                |
| Bed linen                  | ..                            | 38–54%                     | 44%                         | 34%                           | ..                          | 41%                  |
| Patient gown               | ..                            | 40–53%                     | ..                          | 34%                           | ..                          | 40.5%                |
| Overbed table              | ..                            | 18–42%                     | 64–67%                      | 24%                           | ..                          | 40%                  |
| Blood pressure cuff        | 13%                           | 25–33%                     | ..                          | ..                            | ..                          | 21%                  |
| Bed or siderails           | 5%                            | 1–30%                      | 44–60%                      | 21%                           | 43%                         | 27%                  |
| Bathroom door handle       | ..                            | 8–24%                      | ..                          | 12%¶                          | ..                          | 14%                  |
| Infusion pump button       | 13%                           | 7–18%                      | ..                          | 30%                           | ..                          | 19%                  |
| Room door handle           | 11%                           | 4–8%                       | ..                          | 23%                           | 59%                         | 21.5%                |
| Furniture                  | 11%                           | ..                         | 44–59%                      | 19%                           | ..                          | 27%                  |
| Flat surfaces              | 7%                            | ..                         | 32–38%                      | ..                            | ..                          | 21.5%                |
| Sink taps or basin fitting | ..                            | ..                         | ..                          | 14%                           | 33%                         | 23.5%                |
| Average quoted**           | 11%                           | 27%                        | 49%                         | 25%                           | 74%                         | 37%                  |

# FREQUENCY OF ACQUISITION OF MRSA ON GLOVED HANDS AFTER CONTACT WITH SKIN AND ENVIRONMENTAL SITES

No significant difference on contamination rates of gloved hands after contact with skin or environmental surfaces (40% vs 45%;  $p=0.59$ )



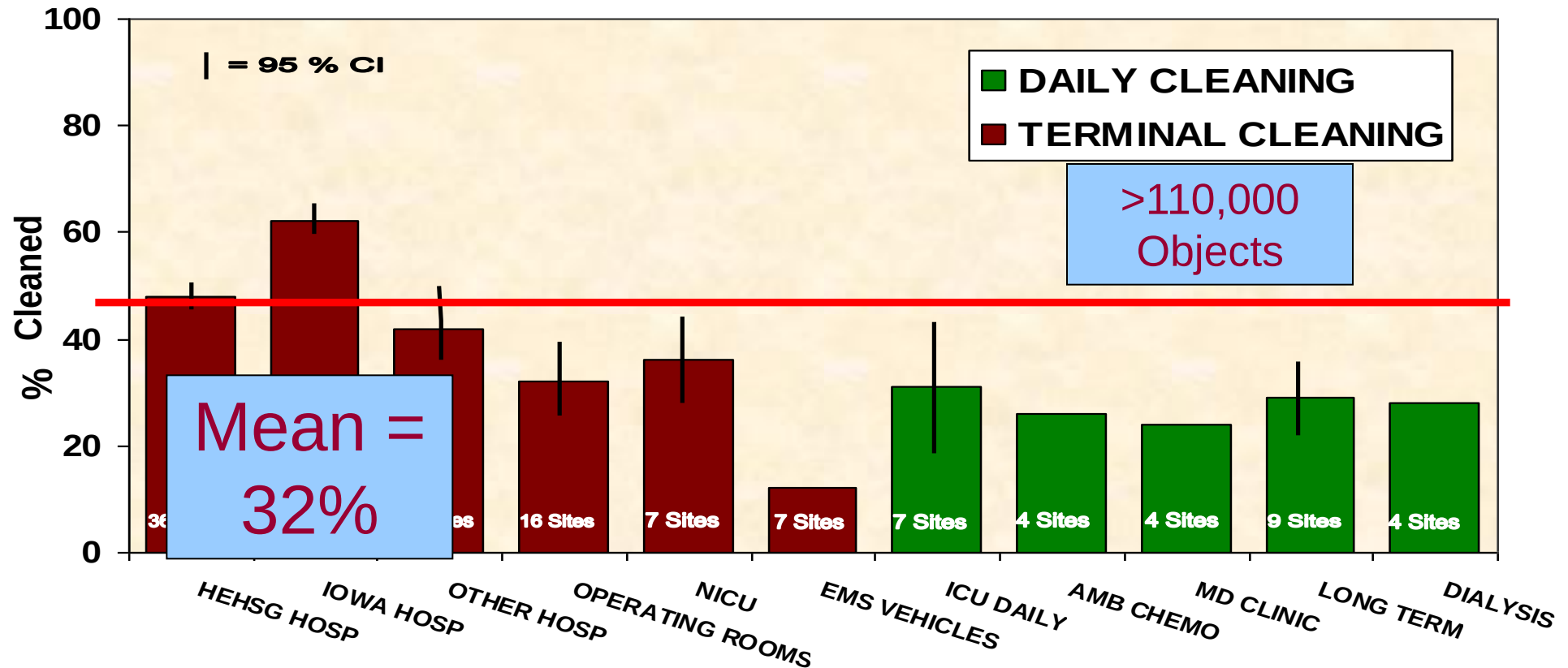
# TRANSMISSION MECHANISMS INVOLVING THE SURFACE ENVIRONMENT



Rutala WA, Weber DJ. In: "SHEA Practical Healthcare Epidemiology" (Lautenbach E, Woeltje KF, Malani PN, eds), 3<sup>rd</sup> ed, 2010.

# Thoroughness of Environmental Cleaning

Carling et al. ECCMID, Milan, Italy, May 2011



# EVALUATION OF HOSPITAL ROOM ASSIGNMENT AND ACQUISITION OF CDI

- Study design: Retrospective cohort analysis, 2005-2006
- Setting: Medical ICU at a tertiary care hospital
- Methods: All patients evaluated for diagnosis of CDI 48 hours after ICU admission and within 30 days after ICU discharge
- Results (acquisition of CDI)
  - Admission to room previously occupied by CDI = 11.0%
  - Admission to room not previously occupied by CDI = 4.6% ( $p=0.002$ )

Shaughnessy MK, et al. ICHE 2011;32:201-206

TABLE 3. Multivariate Analysis of Risk Factors for Acquisition of *Clostridium difficile* Infection (CDI)

| Risk factor                                | HR (95% CI)      | P   |
|--------------------------------------------|------------------|-----|
| Prior room occupant with CDI               | 2.35 (1.21–4.54) | .01 |
| Greater age                                | 1.00 (0.99–1.01) | .71 |
| Higher APACHE III score                    | 1.00 (1.00–1.01) | .06 |
| Proton pump inhibitor use                  | 1.11 (0.44–2.78) | .83 |
| Antibiotic exposure                        |                  |     |
| Norfloxacin                                | 0.38 (0.05–2.72) | .33 |
| Levofloxacin                               | 1.08 (0.67–1.73) | .75 |
| Ciprofloxacin                              | 0.49 (0.15–1.67) | .23 |
| Fluoroquinolones                           | 1.17 (0.72–1.91) | .53 |
| Clindamycin                                | 0.45 (0.14–1.42) | .17 |
| Third- or fourth-generation cephalosporins | 1.17 (0.76–1.79) | .48 |
| Carbapenems                                | 1.05 (0.63–1.75) | .84 |
| Piperacillin-tazobactam                    | 1.31 (0.82–2.10) | .27 |
| Other penicillin                           | 0.47 (0.23–0.98) | .04 |
| Metronidazole                              | 1.31 (0.83–2.07) | .24 |
| Vancomycin                                 |                  |     |
| Oral                                       | 1.38 (0.32–5.89) | .67 |
| Intravenous                                | 1.55 (0.88–2.73) | .13 |
| Aminoglycosides                            | 1.27 (0.78–2.06) | .35 |
| Multiple ( $\geq 3$ antibiotic classes)    | 1.28 (0.75–2.21) | .37 |

NOTE. APACHE, Acute Physiology and Chronic Health Evaluation; CI, confidence interval; HR, hazard ratio.

# RELATIVE RISK OF PATHOGEN ACQUISITION IF PRIOR ROOM OCCUPANT INFECTED

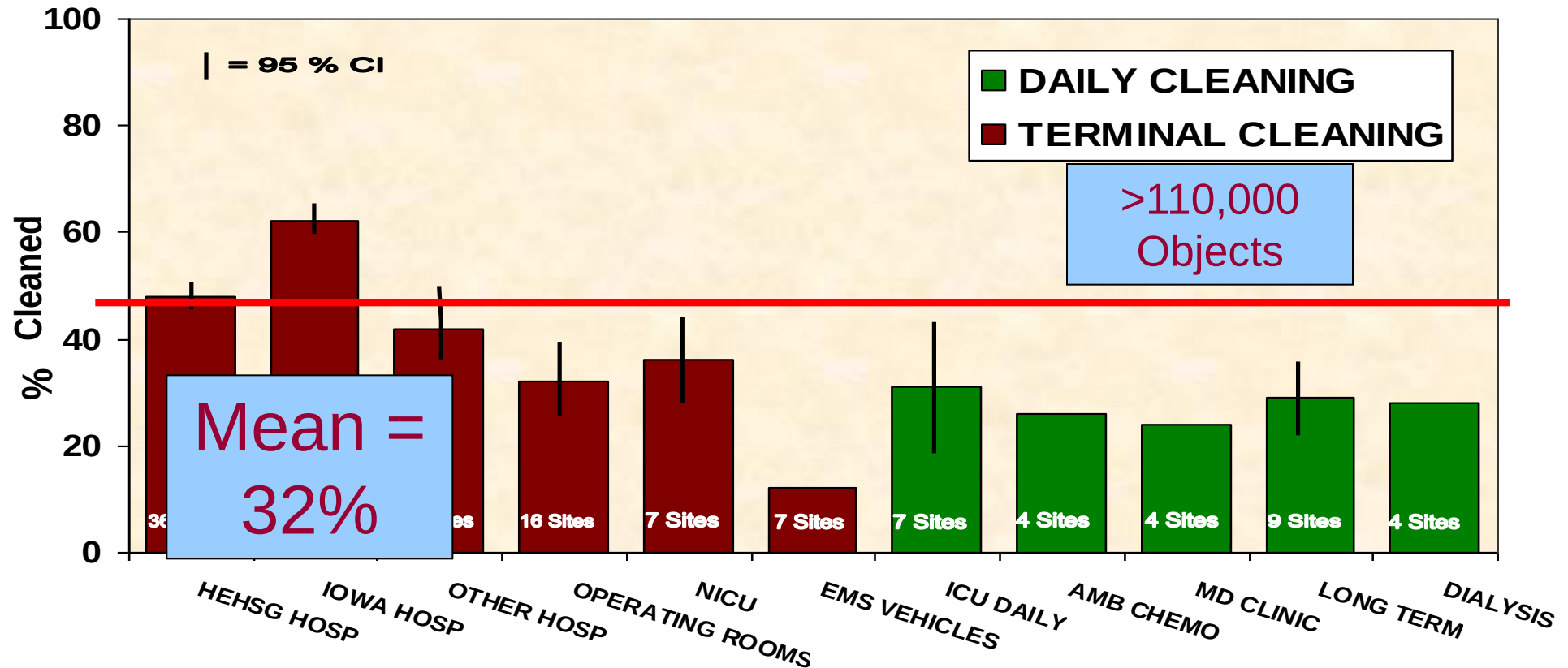


\* Prior room occupant infected; ^Any room occupant in prior 2 weeks infected



# Thoroughness of Environmental Cleaning

Carling et al. ECCMID, Milan, Italy, May 2011



**TABLE. Rates of Cleaning for 14 Types of High-Risk Objects**

| Object                | Percentage cleaned |        | 95%<br>CI |
|-----------------------|--------------------|--------|-----------|
|                       | Mean $\pm$ SD      | Range  |           |
| Sink                  | 82 $\pm$ 12        | 57-97  | 77-88     |
| Toilet seat           | 76 $\pm$ 18        | 40-98  | 68-84     |
| Tray table            | 77 $\pm$ 15        | 53-100 | 71-84     |
| Bedside table         | 64 $\pm$ 22        | 23-100 | 54-73     |
| Toilet handle         | 60 $\pm$ 22        | 23-89  | 50-69     |
| Side rail             | 60 $\pm$ 21        | 25-96  | 51-69     |
| Call box              | 50 $\pm$ 19        | 9-90   | 42-58     |
| Telephone             | 49 $\pm$ 16        | 18-86  | 42-56     |
| Chair                 | 48 $\pm$ 28        | 11-100 | 35-61     |
| Toilet door knobs     | 28 $\pm$ 22        | 0-82   | 18-37     |
| Toilet hand hold      | 28 $\pm$ 23        | 0-90   | 18-38     |
| Bedpan cleaner        | 25 $\pm$ 18        | 0-79   | 17-33     |
| Room door knobs       | 23 $\pm$ 19        | 2-73   | 15-31     |
| Bathroom light switch | 20 $\pm$ 21        | 0-81   | 11-30     |

**NOTE.** CI, confidence interval.

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# **ALL “TOUCHABLE” (HAND CONTACT) SURFACES SHOULD BE WIPED WITH DISINFECTANT**

**“High touch” objects only recently defined (no significant differences in microbial contamination of different surfaces) and “high risk” objects not epidemiologically defined.**

# ENVIRONMENTAL CONTAMINATION LEADS TO HAIs

## Suboptimal Cleaning

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- There is increasing evidence to support the contribution of the environment to disease transmission
- This supports comprehensive disinfecting regimens (goal is not sterilization) to reduce the risk of acquiring a pathogen from the healthcare environment

# MONITORING THE EFFECTIVENESS OF CLEANING

Cooper et al. AJIC 2007;35:338

- Visual assessment-not a reliable indicator of surface cleanliness
- **ATP bioluminescence**-measures organic debris (each unit has own reading scale, <250-500 RLU)
- Microbiological methods-<2.5CFUs/cm<sup>2</sup>-pass; can be costly and pathogen specific
- **Fluorescent marker-transparent, easily cleaned, environmentally stable marking solution that fluoresces when exposed to an ultraviolet light** (applied by IP unbeknown to EVS, after EVS cleaning, markings are reassessed)

# DAZO Solution (AKA – Goo)





# Target After Marking



# Target Enhanced





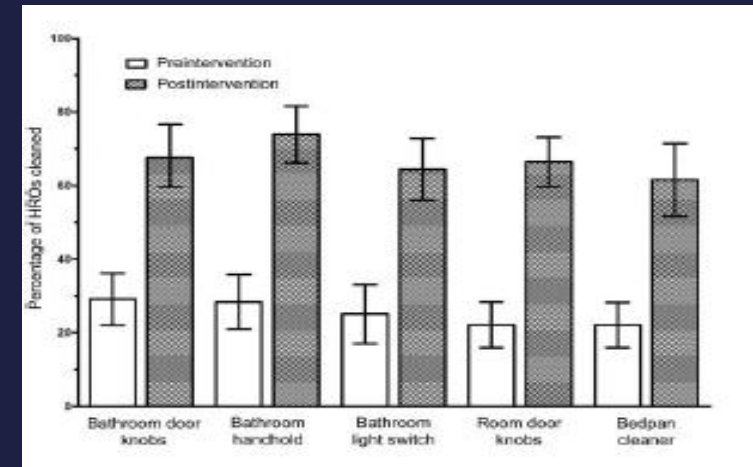
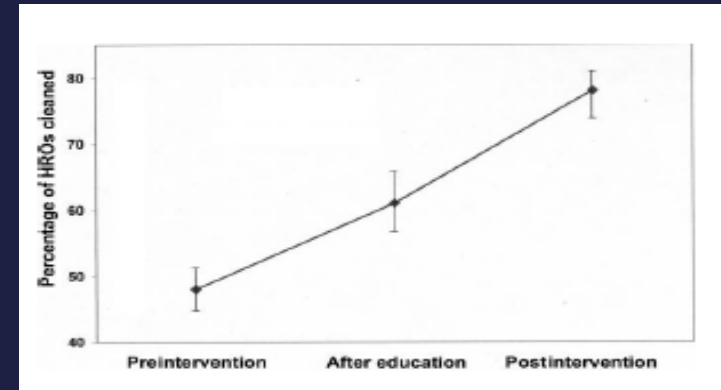
# Marked Or Instrument



# TERMINAL ROOM CLEANING: DEMONSTRATION OF IMPROVED CLEANING

- Evaluated cleaning before and after an intervention to improve cleaning
- 36 US acute care hospitals
- Assessed cleaning using a fluorescent dye
- Interventions
  - Increased education of environmental service workers
  - Feedback to environmental service workers

†Regularly change “dotted” items to prevent targeting objects



# SURFACE EVALUATION USING ATP BIOLUMINESCENCE

Swab surface → Luciferase tagging of ATP → Hand held luminometer



Used in the commercial food preparation industry to evaluate surface cleaning before reuse and as an educational tool for more than 30 years.

# THE ROLE OF THE ENVIRONMENT IN DISEASE TRANSMISSION

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- Over the past decade there has been a growing appreciation that environmental contamination makes a contribution to HAI with MRSA, VRE, *Acinetobacter*, norovirus and *C. difficile*
- Inadequate terminal cleaning of rooms occupied by patients with MDR pathogens places the next patients in these rooms at increased risk of acquiring these organisms
- Surface disinfection practices are currently not effective in eliminating environmental contamination...what else can we do?

# Environmental Disinfection: Novel Technology

## Lecture Objectives

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- New approaches/equipment room/equipment decontamination
  - New technologies for room/equipment decontamination
    - ◆ Monitoring the effectiveness of cleaning
    - ◆ Ultraviolet light
    - ◆ Hydrogen peroxide
  - Self disinfecting surfaces
  - Disinfectants for room/equipment surfaces

# NEW APPROACHES TO ROOM DECONTAMINATION



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# **Touch (Wiping) vs No-Touch (Mechanical)**

## No Touch

(supplements but do not replace surface  
cleaning/disinfection)



# UV-Light Emitting Device





# UV Room Decontamination

Rutala, Gergen, Weber, ICHE. 2010:31:1025-1029

- Fully automated, self calibrates, activated by hand-held remote
- Room ventilation does not need to be modified
- Uses UV-C (254 nm range) to decontaminate surfaces
- Measures UV reflected from walls, ceilings, floors or other treated areas and calculates the operation total dosing/time to deliver the programmed lethal dose for pathogens.
- UV sensors determines and targets highly-shadowed areas to deliver measured dose of UV energy
- After UV dose delivered ( $36,000\mu\text{Ws}/\text{cm}^2$  for spore,  $12,000\mu\text{Ws}/\text{cm}^2$  for bacteria), will power-down and audibly notify the operator
- Reduces colony counts of pathogens by >99.9% within 20 minutes





# Effectiveness of UV Room Decontamination

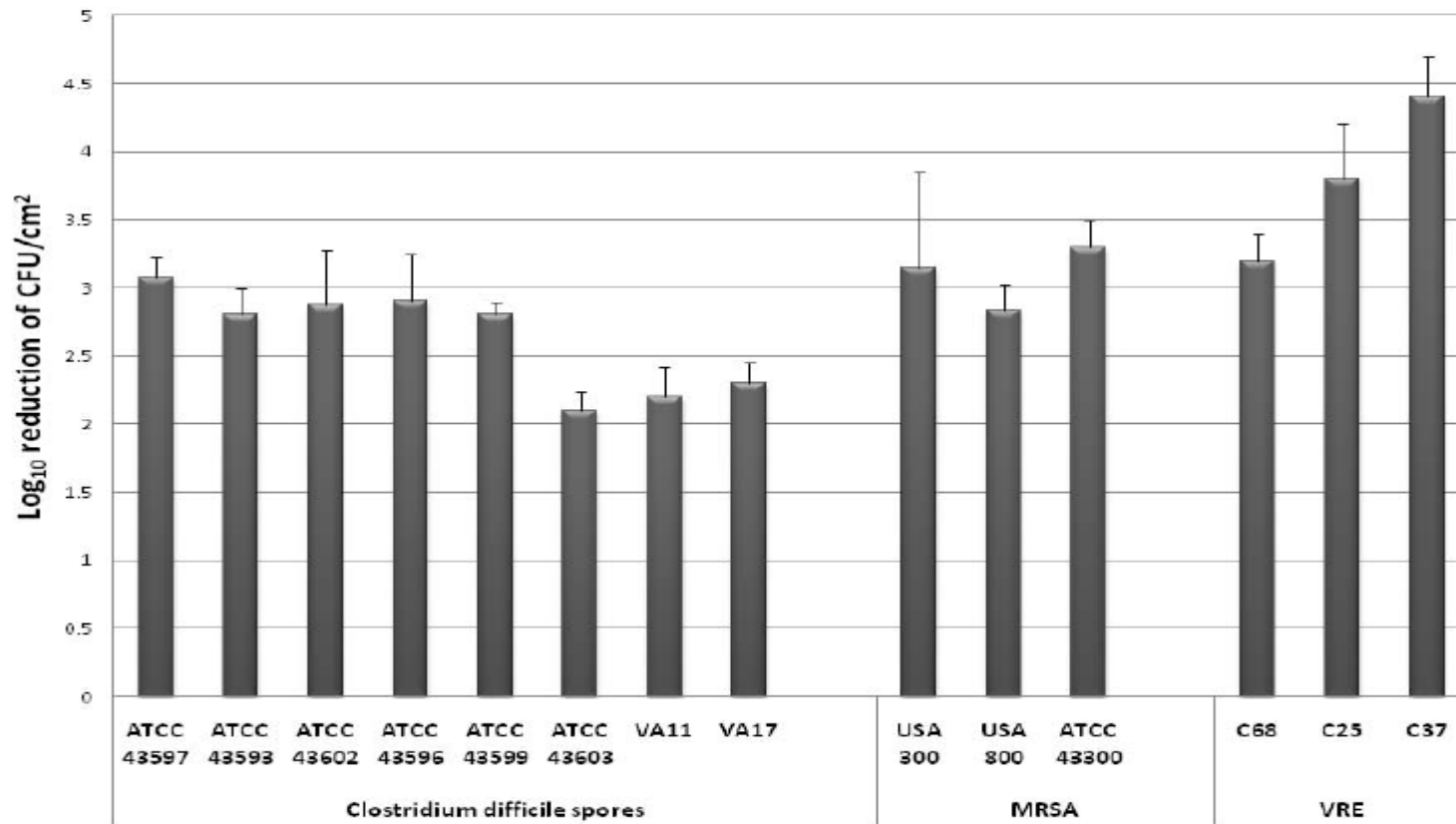
TABLE 1. UV-C Decontamination of Formica Surfaces in Patient Rooms Experimentally Contaminated with Methicillin-Resistant *Staphylococcus aureus* (MRSA), Vancomycin-Resistant *Enterococcus* (VRE), Multidrug-Resistant (MDR) *Acinetobacter baumannii*, and *Clostridium difficile* Spores

|                            |                        | UV-C line of sight |                                                             |                |                                                             |                |                                                             |       |
|----------------------------|------------------------|--------------------|-------------------------------------------------------------|----------------|-------------------------------------------------------------|----------------|-------------------------------------------------------------|-------|
|                            |                        | Total              |                                                             | Direct         |                                                             | Indirect       |                                                             |       |
| Organism                   | Inoculum               | No. of samples     | Decontamination, log <sub>10</sub> reduction, mean (95% CI) | No. of samples | Decontamination, log <sub>10</sub> reduction, mean (95% CI) | No. of samples | Decontamination, log <sub>10</sub> reduction, mean (95% CI) | P     |
| MRSA                       | 4.88 log <sub>10</sub> | 50                 | 3.94 (2.54–5.34)                                            | 10             | 4.31 (3.13–5.50)                                            | 40             | 3.85 (2.44–5.25)                                            | .06   |
| VRE                        | 4.40 log <sub>10</sub> | 47                 | 3.46 (2.16–4.81)                                            | 15             | 3.90 (2.99–4.81)                                            | 32             | 3.25 (1.97–4.62)                                            | .003  |
| MDR <i>A. baumannii</i>    | 4.64 log <sub>10</sub> | 47                 | 3.88 (2.59–5.16)                                            | 10             | 4.21 (3.27–5.15)                                            | 37             | 3.79 (2.47–5.10)                                            | .07   |
| <i>C. difficile</i> spores | 4.12 log <sub>10</sub> | 45                 | 2.79 (1.20–4.37)                                            | 10             | 4.04 (3.71–4.37)                                            | 35             | 2.43 (1.46–3.40)                                            | <.001 |

Rutala WA, Gergen MF, Weber DJ. Infect Control Hosp Epidemiol 2010;31:1025-9

# EFFECTIVENESS OF UV ROOM DECONTAMINATION

Nerandzic et al. BMC Infect Dis 2010;8:197



**Figure 2** Mean reduction ( $\log_{10}$  colony-forming units [CFU]/cm<sup>2</sup>) in recovery of multiple strains of *Clostridium difficile*, methicillin-resistant *Staphylococcus aureus* (MRSA), and vancomycin-resistant *Enterococcus* (VRE) from laboratory bench top surfaces after the use of the Tru-D device. For each pathogen, the inoculum applied to the bench top was adjusted such that  $10^3$  to  $10^5$  CFU were recovered from the positive control specimens. The Tru-D device was operated at a reflected dose of 22,000  $\mu$ Ws/cm<sup>2</sup> for ~45 minutes.

# ROOM DECONTAMINATION WITH UV, HP

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- Issues-Room decontamination time; where the occupancy is high and fast patient turnaround time is critical
  - Room decontamination with UV is 15-25 minutes for vegetative bacteria and 50 minutes for *C. difficile* spores
  - HP room decontamination takes approximately 2.5 hours



# Rapid Hospital Room Decontamination Using UV Light With a Nanostructured Reflective Coating

- Assessed the time required to kill HAI pathogens in a room with standard white paint (3-7% UV reflective) versus walls coated with an agent formulated to be reflective to UV-C wavelengths (65% UV reflective)
- Coating/painted uses nanoscale metal oxides whose crystal structures are reflective to UV-C
- Coating is white in appearance and can be applied with a brush or roller in the same way as any common interior latex paint
- Cost to coat walls used in this study was estimated to be <\$300.

# UV Reflective Coating

Rutala, Gergen, Tande, Weber. 2012

With the nanoscale reflective coating, cycle times were 5-10m (~80% reduction) which would substantially reduce the turnover time of the room

| Line-of-Sight | MRSA w/coating | MRSA no coating | <i>C. difficile</i> w/coating | <i>C. difficile</i> no coating |
|---------------|----------------|-----------------|-------------------------------|--------------------------------|
| Cycle Time    | 5m03s          | 25m13s          | 9m24s                         | 43m42s                         |
| Direct        | 4.70 (n=42)    | 4.72 (n=33)     | 3.28 (n=39)                   | 3.42 (n=33)                    |
| Indirect      | 4.45 (n=28)    | 4.30 (n=27)     | 2.42 (n=31)                   | 2.01 (n=27)                    |
| Total         | 4.60 (n=70)    | 4.53 (n=60)     | 2.91 (n=70)                   | 2.78 (n=60)                    |



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# Hydrogen Peroxide Vapor/Aerosol Decontamination

## Hydrogen Peroxide Vapor/Aerosol Decontamination

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- Glosair (formerly Sterinis)
  - Fine mist by aerosolizing solution of 5% HP, <50 ppm silver
- Steris
  - Vaporized HP from 35% HP
- Bioquell
  - HP vapor from 35% HP

# ROOM DECONTAMINATION UNITS

Rutala, Weber. ICHE. 2011;32:743

UV and HP systems have been demonstrated to be effective against various healthcare-associated pathogens

TABLE 1. Comparison of Room Decontamination Systems That Use UV Irradiation and Hydrogen Peroxide (HP)

|                                                   | Sterinis                                                                                                                                                                         | Steris                                                    | Bioquell                                                                                                                                                        | Tru-D                                                                         |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Abbreviation                                      | DMHP (dry mist HP)                                                                                                                                                               | VHP (vaporized HP)                                        | HPV (HP vapor)                                                                                                                                                  | UV-C                                                                          |
| Active agent                                      | Stenulil (5% HP, <50 ppm silver cations)                                                                                                                                         | Vaprox (35% HP)                                           | 35% HP                                                                                                                                                          | UV-C irradiation at 254 nm                                                    |
| Application                                       | Aerosol of active solution                                                                                                                                                       | Vapor, noncondensing                                      | Vapor, condensing                                                                                                                                               | UV irradiation, direct and reflected                                          |
| Aeration (removal of active agent from enclosure) | Passive decomposition                                                                                                                                                            | Active catalytic conversion                               | Active catalytic conversion                                                                                                                                     | Not necessary                                                                 |
| Sporicidal efficacy                               | Single cycle does not inactivate <i>Bacillus atrophaeus</i> BIs; ~4-log <sub>10</sub> reduction in <i>Clostridium difficile</i> <sup>a</sup> and incomplete inactivation in situ | Inactivation of <i>Geobacillus stearothermophilus</i> BIs | Inactivation of <i>G. stearothermophilus</i> BIs; >6-log <sub>10</sub> reduction in <i>C. difficile</i> <sup>a</sup> in vitro and complete inactivation in situ | 1.7–4-log <sub>10</sub> reduction in <i>C. difficile</i> <sup>a</sup> in situ |
| Evidence of clinical impact                       | None published                                                                                                                                                                   | None published                                            | Significant reduction in the incidence of <i>C. difficile</i>                                                                                                   | None published                                                                |

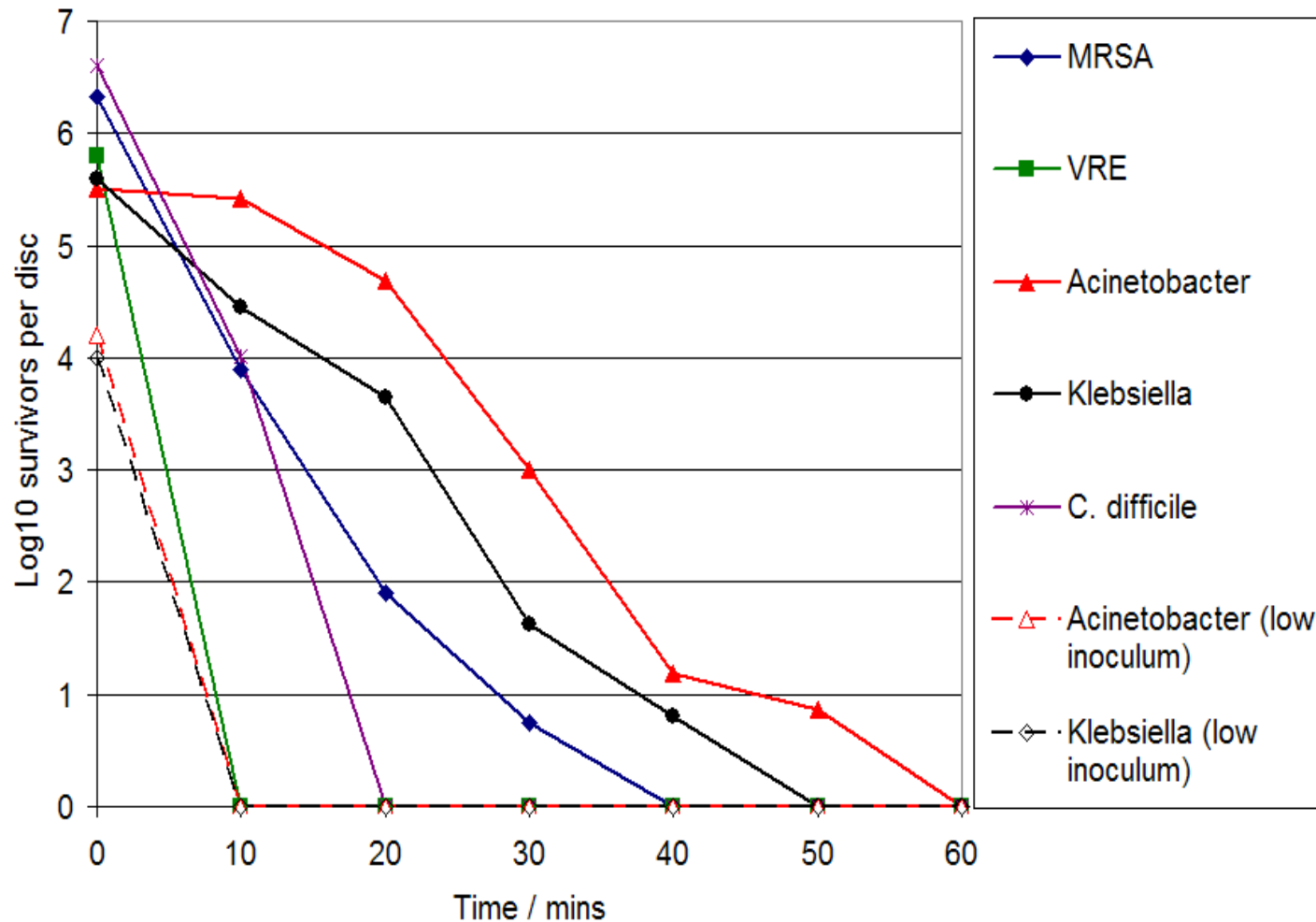
NOTE. Adapted from Otter and Yezli.<sup>18</sup> BIs, biological indicators; VRE, vancomycin-resistant *Enterococcus*.  
<sup>a</sup> All *C. difficile* experiments were done with *C. difficile* spores.

# HP FOR DECONTAMINATION OF THE HOSPITAL ENVIRONMENT

Falagas, et al. J Hosp Infect. 2011;78:171.

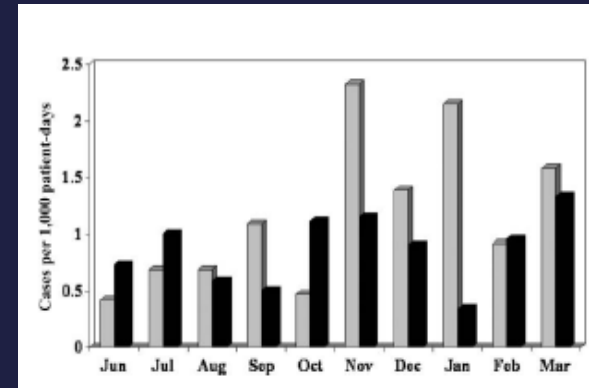
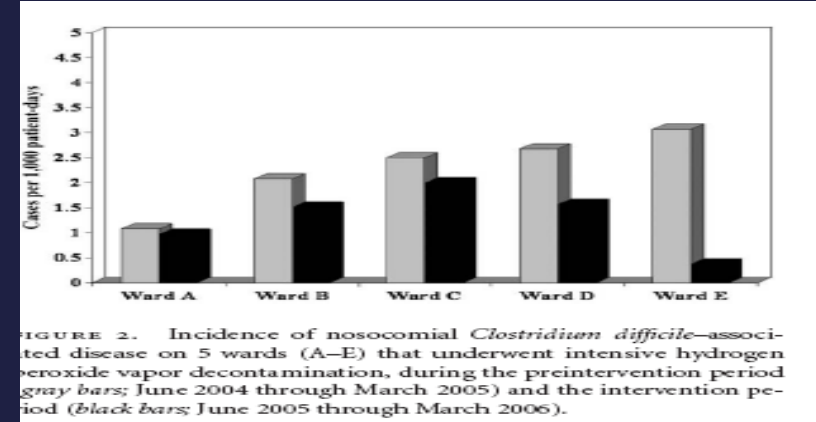
| Author, Year  | HP System   | Pathogen            | Before HPV | After HPV | % Reduction |
|---------------|-------------|---------------------|------------|-----------|-------------|
| French, 2004  | VHP         | MRSA                | 61/85-72%  | 1/85-1%   | 98          |
| Bates, 2005   | VHP         | <i>Serratia</i>     | 2/42-5%    | 0/24-0%   | 100         |
| Jeanes, 2005  | VHP         | MRSA                | 10/28-36%  | 0/50-0%   | 100         |
| Hardy, 2007   | VHP         | MRSA                | 7/29-24%   | 0/29-0%   | 100         |
| Dryden, 2007  | VHP         | MRSA                | 8/29-28%   | 1/29-3%   | 88          |
| Otter, 2007   | VHP         | MRSA                | 18/30-60%  | 1/30-3%   | 95          |
| Boyce, 2008   | VHP         | <i>C. difficile</i> | 11/43-26%  | 0/37-0%   | 100         |
| Bartels, 2008 | HP dry mist | MRSA                | 4/14-29%   | 0/14-0%   | 100         |
| Shapey, 2008  | HP dry mist | <i>C. difficile</i> | 48/203-24% | 7/203-3%  | 88          |
| Barbut, 2009  | HP dry mist | <i>C. difficile</i> | 34/180-19% | 4/180-2%  | 88          |
| Otter, 2010   | VHP         | GNR                 | 10/21-48%  | 0/63-0%   | 100         |

# HPV *in vitro* Efficacy



# Room Decontamination With VHP

- Study design
  - Before and after study of VHP
- Outcome
  - *C. difficile* incidence
- Results
  - VHP decreased environmental contamination with *C. difficile* ( $p < 0.001$ ), rates on high incidence floors from 2.28 to 1.28 cases per 1,000 pt-days ( $p = 0.047$ ), and throughout the hospital from 1.36 to 0.84 cases per 1,000 pt days ( $p = 0.26$ )



# Environmental Disinfection: Novel Technology

## Lecture Objectives

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  - New technologies for room/equipment decontamination
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    - ◆ Hydrogen peroxide
  - Self disinfecting surfaces
  - Disinfectants for room/equipment surfaces

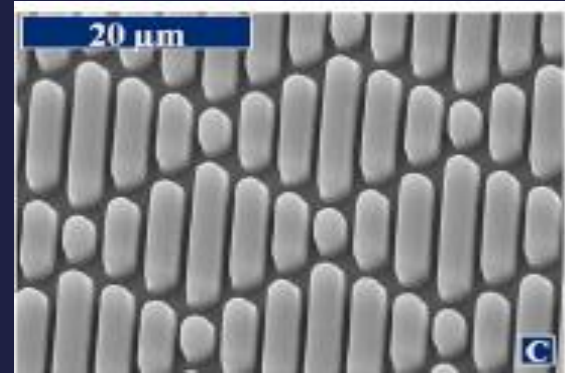


# SELF DISINFECTING SURFACES

- Surface impregnated with a “heavy” metal
  - Silver
  - Copper
- Surface impregnated with a germicide
  - Triclosan
  - Antimicrobial surfactant/quaternary ammonium salt?
  - Organosilane products?
- Altered topography
  - Sharklet pattern
- Light-activated antimicrobial coating

# SELF DISINFECTING SURFACES

Copper coated  
overbed table



Sharklet Pattern

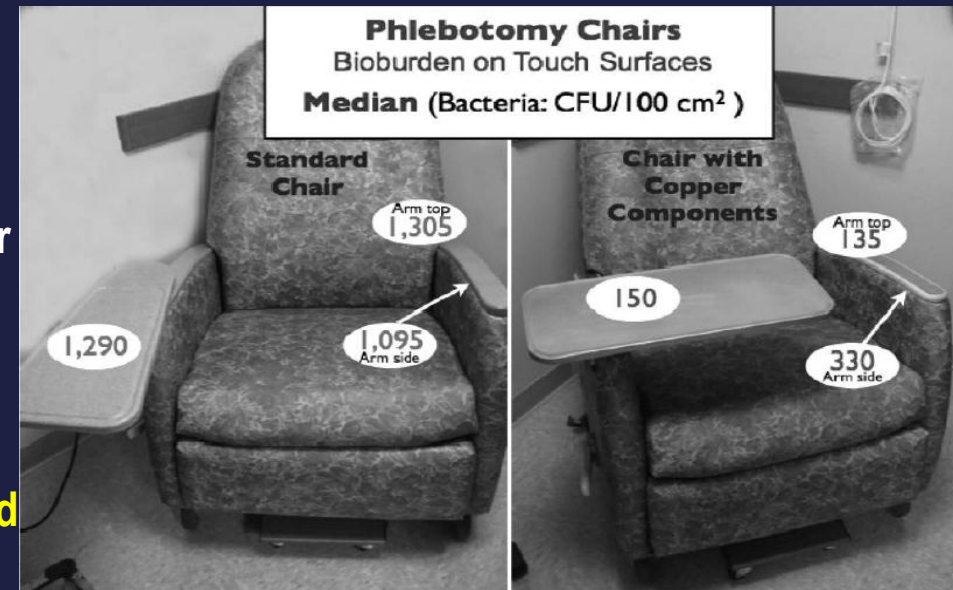
Antimicrobial  
effects of silver



Triclosan pen

# EVALUATION OF PHLEBOTOMY CHAIR WITH COPPER COATED ARMS AND TRAYS

- Study design: Cross-over design
- Location: Outpatient ID clinic
- Methods:
  - Solid copper alloy (90% Cu) inlaid across arm tops and trays of phlebotomy chair (comparator = wood arms and plastic tabletop)
  - Cultures obtained 2x/week, mid-afternoon
- Results:
  - Median reduction in aerobic bacteria of 88% and 90%, trays & arms, respectively
  - Percent of surfaces with  $<2.5$  CFU/cm<sup>2</sup>: copper 62%, noncopper 10%



# Enhancing Patient Safety Through Copper Surfaces

## M Schmidt et al. IFIC, October 2012

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- Three hospital (NY, 2 SC) study to evaluate the potential value (reduced bacterial burden, HAIs) of antimicrobial copper applied to 6 touch surfaces in ICUs
- 83% reduction in bacterial burden
- Significant decrease in the incidence of HAI/colonization by MRSA and VRE
- Warrants further consideration when published to fully appreciate the potential benefit and optimization of the risk reduction

# Environmental Disinfection: Novel Technology

## Lecture Objectives

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- New approaches/equipment room/equipment decontamination
  - New technologies for room/equipment decontamination
    - ◆ Monitoring the effectiveness of cleaning
    - ◆ Ultraviolet light
    - ◆ Hydrogen peroxide
  - Self disinfecting surfaces
  - Disinfectants for room/equipment surfaces

# DISINFECTION AND STERILIZATION

Rutala, Weber, HICPAC. 2008. [www.cdc.gov](http://www.cdc.gov)

- EH Spaulding believed that how an object will be disinfected depended on the object's intended use
  - **CRITICAL** - objects which enter normally sterile tissue or the vascular system or through which blood flows should be sterile
  - **SEMICRITICAL** - objects that touch mucous membranes or skin that is not intact require a disinfection process (high-level disinfection[HLD]) that kills all microorganisms but high numbers of bacterial spores
  - **NONCRITICAL** - objects that touch only intact skin require low-level disinfection

# LOW-LEVEL DISINFECTION FOR NONCRITICAL EQUIPMENT AND SURFACES

Exposure time  $\geq$  1 min

Germicide

Use Concentration

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Ethyl or isopropyl alcohol

70-90%

Chlorine

100ppm (1:500 dilution)

Phenolic

UD

Iodophor

UD

Quaternary ammonium

UD

Improved hydrogen peroxide (HP)

0.5%, 1.4%

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UD=Manufacturer's recommended use dilution

# IMPROVED HYDROGEN PEROXIDE (HP) SURFACE DISINFECTANT

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- Advantages
  - 30 sec -1 min bactericidal and virucidal claim (fastest non-bleach contact time)
  - 5 min mycobactericidal claim
  - Safe for workers (lowest EPA toxicity category, IV)
  - Benign for the environment; noncorrosive; surface compatible
  - One step cleaner-disinfectant
  - No harsh chemical odor
  - EPA registered (0.5% RTU, 1.4% RTU, wet wipe)
- Disadvantages
  - More expensive than QUAT



## BACTERICIDAL ACTIVITY OF DISINFECTANTS ( $\log_{10}$ reduction) WITH A CONTACT TIME OF 1m WITH/WITHOUT FCS. Rutala et al. ICHE. 2012;33:1159

Improved hydrogen peroxide is significantly superior to standard HP at same concentration and superior or similar to the QUAT tested

| Organism       | IHP-0.5% | 0.5% HP | IHP Cleaner-Dis<br>1.4% | 1.4% HP | 3.0% HP | QUAT |
|----------------|----------|---------|-------------------------|---------|---------|------|
| MRSA           | >6.6     | <4.0    | >6.5                    | <4.0    | <4.0    | 5.5  |
| VRE            | >6.3     | <3.6    | >6.1                    | <3.6    | <3.6    | 4.6  |
| MDR-Ab         | >6.8     | <4.3    | >6.7                    | <4.3    | <4.3    | >6.8 |
| MRSA, FCS      | >6.7     | NT      | >6.7                    | NT      | <4.2    | <4.2 |
| VRE, FCS       | >6.3     | NT      | >6.3                    | NT      | <3.8    | <3.8 |
| MDR-Ab,<br>FCS | >6.6     | NT      | >6.6                    | NT      | <4.1    | >6.6 |



# Hospital Privacy Curtains

(pre- and post-intervention study; sampled curtain, sprayed “grab area” 3x from 6-8” with 1.4% IHP and allowed 2 minute contact; sampled curtain)



# Decontamination of Curtains with Activated HP (1.4%)

## Rutala, Gergen, Weber. 2012

| CP for:   | Before Disinfection<br>CFU/5 Rodacs (#Path) | After Disinfection<br>CFU/5 Rodacs (#Path) | % Reduction |
|-----------|---------------------------------------------|--------------------------------------------|-------------|
| MRSA      | 330 (10 MRSA)                               | 21* (0 MRSA)                               | 93.6%       |
| MRSA      | 186 (24 VRE)                                | 4* (0 VRE)                                 | 97.9%       |
| MRSA      | 108 (10 VRE)                                | 2* (0 VRE)                                 | 98.2%       |
| VRE       | 75 (4 VRE)                                  | 0 (0 VRE)                                  | 100%        |
| VRE       | 68 (2 MRSA)                                 | 2* (0 MRSA)                                | 97.1%       |
| VRE       | 98 (40 VRE)                                 | 1* (0 VRE)                                 | 99.0%       |
| MRSA      | 618 (341 MRSA)                              | 1* (0 MRSA)                                | 99.8%       |
| MRSA      | 55 (1 VRE)                                  | 0 (0 MRSA)                                 | 100%        |
| MRSA, VRE | 320 (0 MRSA, 0 VRE)                         | 1* (0 MRSA, 0 VRE)                         | 99.7%       |
| MRSA      | 288 (0 MRSA)                                | 1* (0 MRSA)                                | 99.7%       |
| Mean      | 2146/10=215 (432/10=44)                     | 33*/10=3 (0)                               | 98.5%       |

\* All isolates after disinfection were *Bacillus* sp; now treat CP patient curtains at discharge with IHP

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# Environmental Disinfection: Novel Technology

## Conclusions

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- MRSA, VRE, *C. difficile*, MDR-*Acinetobacter* comprise a growing reservoir of epidemiologically important pathogens that have an environmental mode of transmission
- Effective surface disinfection essential to eliminate the environment as a source for transmission of HA pathogens.
- Monitoring the effectiveness of cleaning may improve thoroughness and reduce microbial contamination
- UV and HP systems have been demonstrated to be effective against various HA pathogens (including *C. difficile* spores) and offer an option for room decontamination



# THANK YOU!



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**[www.disinfectionandsterilization.org](http://www.disinfectionandsterilization.org)**